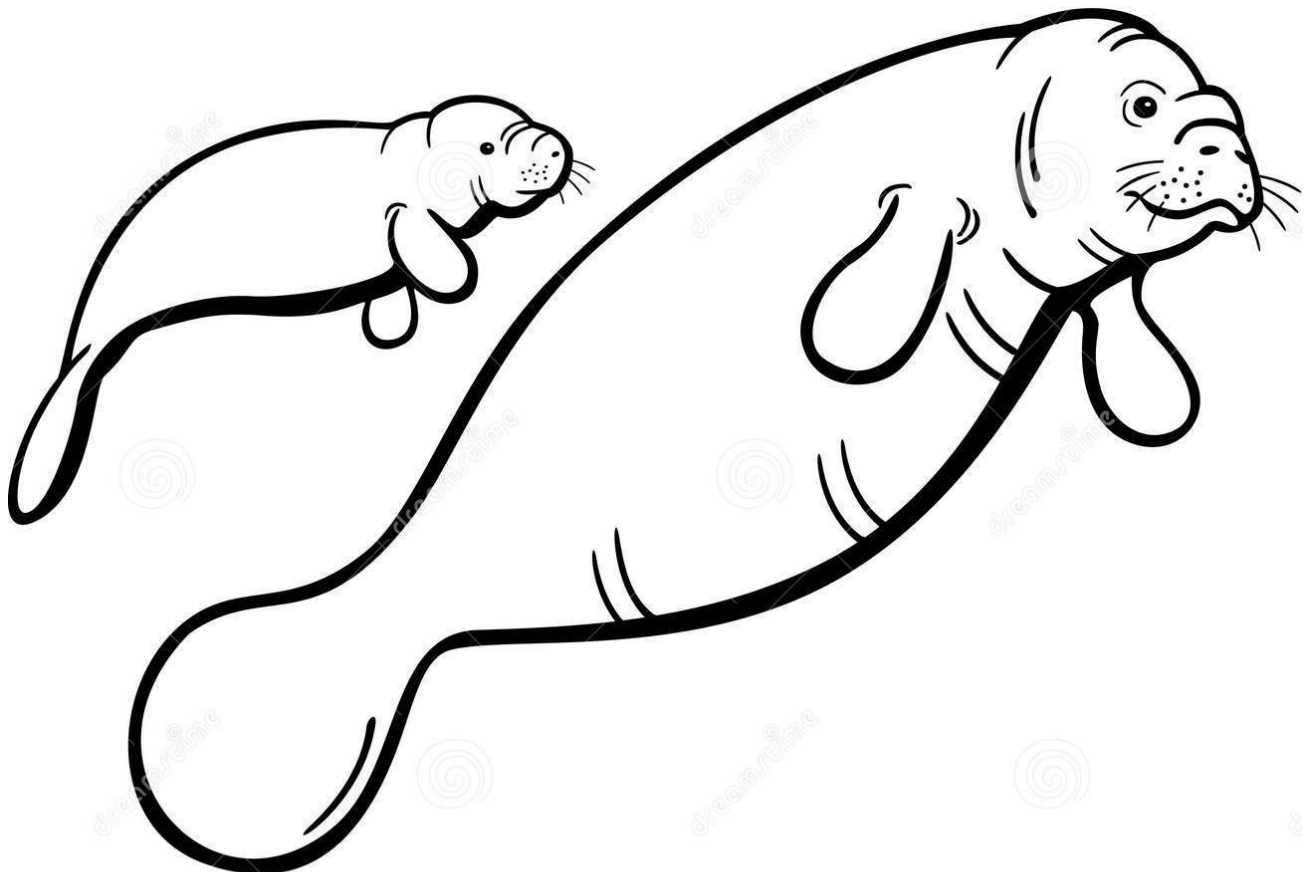


“Bullying & Monty the Manatee”

Take a moment to write in / on / around the Manatee in **BLUE** all of the things a 'bully' may make someone feel when they are being bullied or have been bullied....



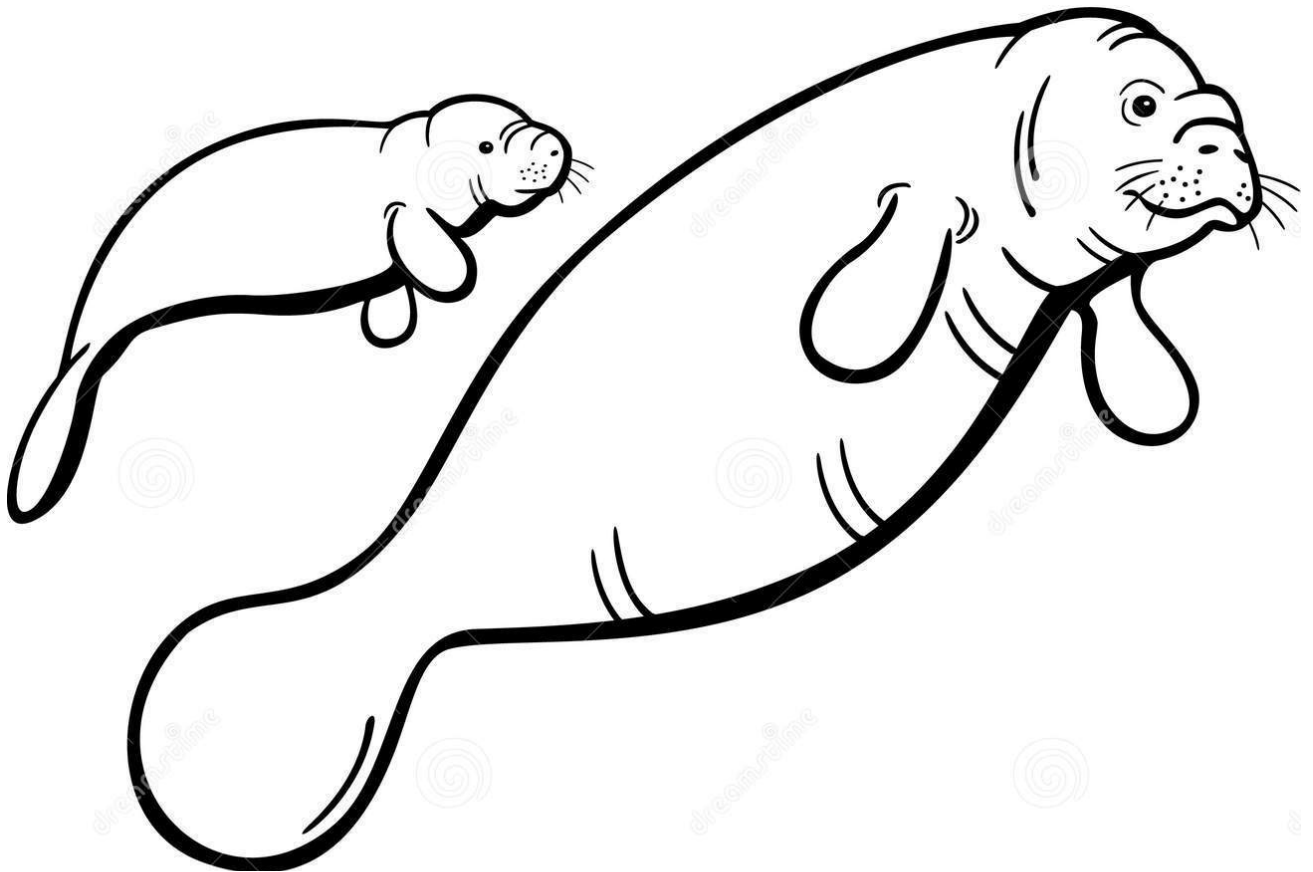
Can you take a moment and ask yourself 'why' someone may bully another person?

Can you ask yourself how the 'bully' may be feeling?

What could you do if you see someone being bullied?

“Bullying & Monty the Manatee”

Take a moment to write in / on / around the manatee in **GREEN** all of the things you can do or say to make someone feel cared for, loved, special, important, funny, clever, appreciated etc..



Would you rather 'feel' all the **BLUE** things or all the **GREEN** things?

You decide, then throw the other piece of paper away (*hint – it's the **BLUE** one!*)

Remember what Monty the Manatee said...

**“Slower, faster, thinner, fatter; it's what's on the inside that really matters.
Just think about the hurt you might cause when you tell someone you can't play anymore.
If you look around I think you will find.
The world is a better place when we all BE KIND”**

Taken from the book “Monty the Manatee” by Natalie Pritchard and Natalie Merheb