CULM VALLEY VOLUNTARY COMMUNITY SERVICES

To notify any changes to this leaflet please contact Cullompton Town Council, Town Hall, 1 High Street, Cullompton EX15 1AB tel: 01884 38249 email: admin@cullomptontowncouncil.gov.uk

VOLUNTARY CARE AND WELFARE GROUPS

Age UK - Mid Devon

Molly Holmes 01884 255369

email: enquiries@agemiddevon.org.uk

www.agemiddevon.org.uk

Provides services, advice and information to improve the quality of life for over 50's in the Mid Devon area. At Hayridge Centre on Fridays 9.30am-12.30pm. Also run Haven Activity Centre in Tiverton.

Blood Donors

24 hours 0300 123 23 23 Sessions take place at Willand Village Hall. Times are given in local paper or other medium. Visit blood.co.uk.

Churches Housing Action Team (CHAT)

email: theoffice@chatmid.co.uk 01884 255606 28 Gold Street, Tiverton EX16 6PY Assists the homeless, housing advice, family mediation, tenancy support, youth housing project.

Citizens Advice Bureau (CAB)

Hayridge Centre 03444 111444 www.citizensadvice.org.uk *Thursdays 1.00pm-4.00pm Otherwise operates from Tiverton Office.*

Community Meals

Care Direct 0345 1551007 *If you have difficulty in preparing your own meals, Care Direct may be of assistance.*

Cullompton Blind Club

Jean Foster 01884 35540 Meets at Woolcott Way on the 1st Thursday in each month 10.00am–12noon.

Cullompton Community Association

Eileen Andrews 01884 38350 www.cullompton-cca.org

Trustees of 32 acres of recreational fields, including children's fenced play area, for all to enjoy.

Cullompton Community Centre

Pye Corner 01884 33249 www.cullomptoncommunitycentre.org.uk

Cullompton Day Centre/Luncheon Club

Eileen Andrews 01884 38350 Community House Wednesdays & Fridays 12noon. Anyone of pensionable age welcome.

Cullompton Disability Action Group

Eileen Andrews 01884 38350 Community House. 1st Friday in each month. Supports people with disabilities.

Cullompton Family Centre

Community House, Fore Street 01884 34667 Supporting families with children of all ages in everyday life. Outings organised.

Cullompton Food Bank

peoplematter@standrewscullompton.com

Helps people in need of food. Available at

Cullompton Community Centre, Thursdays 9.30am –

11.30am.

Cullompton United Charities

Mrs Goff 01884 32166 www.cullomptoncharities.org.uk *Providing accommodation in 9 almshouses and assistance to needy within the parish.*

Culm Valley Children's Centre

Richard Holmes 01884 35993 www.actionforchildren.org.uk

Centre for families with children 0-5yrs,
St Andrew's Estate (move in March) outreach services provided.

Culm Valley Memory Café

Ann McClements 01884 34614 email: ann@jodanzac.co.uk

Refreshments and activities held monthly on 4th

Wednesday of each month at Cullompton

Community Centre, Pye Corner.

Culm Valley Senior Voice

Ann McClements 01884 34614 email: ann@jodanzac.co.uk www.devonseniorvoice.org
In partnership with Healthwatch. Encourages involvement in society for those aged over 55 and takes up matters of concern.

<u>Culm Valley Group of Friends (Devon Social Group)</u>

Cathy & Andrew Haglington 03456 121770 Organises social events to help people enjoy a good social life through various activities. All ages.

Culm Voluntary Car Scheme

07546 525683

A service for those in need of transport due to age, sickness or disability.

Culm Valley Miss-Beat Group

Roger Hallam 01392 881453 email: rogerhallam23@btinternet.com

Help group for people with heart problems.

Meets 2nd Wednesdays in each month. Willand Methodist Church.

VOLUNTARY CARE AND WELFARE GROUPS (Contd.)

Devon In Sight

Helen Head 01392 878802

email: helen@devoninsight.org.uk

www.devoninsight.org.uk

Local charity providing practical help and advice to people affected by sight loss, to maximise independence, wellbeing and choice.

Fibromyalgia Group

Mary Clarke 01884 839508

email: mrsmaryclarke@hotmail.com

Support Group for those with Fibromyalgia. Meets 1.00pm-3.30pm Wednesdays at The Hayridge Centre.

Friends of Bramblehaies Surgery

College Road 01884 33536

www.bramblehaiessurgery.co.uk

Patient group facilitating improvements in services and raising funds for extra equipment.

Involve – Devon Voluntary Action

01884 255734

email: Office@involve-middevon.org.uk www.involve-middevon.org.uk Recruits, places and supports volunteers in the Tiverton and Cullompton area. Promotes and develops local community action through a wide range of services.

Mid Devon Outreach Service

Sarah Richards 01392 426521

0800 328 3070

email: middevonoutreach@exeterwomensaid.org.uk

Oasis Carers Support Group

The Hub, Culm Valley Integrated Centre Meets 3rd Wednesday of each month 10.30am— 12.00noon to support Carers of those with Demetia.

Royal British Legion Branch

Jacky Henretty – Secretary

01884 266418

Sampford Peverell Caring Friends Group

Lesley Passey 01884 821694

A good neighbourhood group. Transport, visiting, collecting prescriptions, medical appointments etc within a 3 mile radius of Sampford Peverell.

Silver Tops Club

Veronica Inman 01884 561279 1st and 3rd Monday of each month at Cullompton Community Centre, 1.30pm - 3.30pm. Meet with friends, play games, crafts etc.

The Patients' Group College Surgery at Culm Valley Integrated Centre for Health

Willand Road 01884 831300 email: patientsgroup@collegesurgery.org.uk

www.collegesurgery.org.uk

Represents views of patients, fund raising for extra equipment, health talks and information.

<u>Tiverton & District Community Transport</u> <u>Association</u>

Faye Ashton 01884 242099

www.tdcta.org.uk

Voluntary cars, accessible bus operates a ring and ride service for members.

Uffculme Memory Café

Claire Nichols 01884 840248

Email: office@squarecorner.org.uk

Square Corner, 2.00pm-3.30pm. Community coffee mornings Monday and Thursday mornings from 10.00-11.30am. Also a community resource for local groups (run by St Mary's Church). 2nd and 4th Tuesday of each month at Square Corner, Uffculme.

Unite - Carers in Mid Devon

2 Bridge Street, Tiverton 01884 257511 www.unite-carersinmiddevon.org.uk *Mondays to Fridays 10.00am – 1.00pm. Offers support and advice service for unpaid carers in Mid Devon.*

Upstream

Claire Whewell 01363 778366

Runs a range of activities in community hubs for improving wellbeing and independence for over 65's, including art and craft, seated exercise and cognitive stimulation groups.

CHURCH GROUPS

St Andrews Church of England

Pye Corner 01884 33249

Rev Edward Hobbs

email: admin@standrwscullompton.com

www.standrewscullompton.com

Cullompton Baptist Church

Higher Bullring

Secretary Mrs Marilyn Bidmead 07749 086976

Rev Glen Graham 01884 34077

www.cullomptonbaptist.org.uk

Culm Valley Methodist Church

Gables Road, Willand

Rev Paul Booth 01884 32679

www.tivwell-methodists.org.uk

Hebron Evangelical Church

Lower Bullring

Mr John Callard 01884 38905

Unitarian Chapel

Pound Square

Rev Kate Whyman 07766 686259

www.ukunitarians.org.uk/cullompton

St Boniface Roman Catholic Church

Crow Green

Father Paul Rea 01884 252292

Email: paul@tivertonrc.co.uk

Cullompton Churches Together

Rev Glen Graham 01884 34077

CULLOMPTON COMMUNITY SERVICES & LEISURE ORGANISATIONS

To notify any changes to this leaflet please contact Cullompton Town Council, Town Hall, 1 High Street, Cullompton EX15 1AB tel: 01884 38249

email: admin@cullomptontowncouncil.gov.uk

MEDICAL AND HEALTH

Doctors

(Out of hours - calls only: 111)

Bramblehaies Surgery

College Road 01884 33536

Culm Valley Integrated Centre for Health

Willand Road 01884 836000 College Surgery Partnership 01884 831300

Dentists

The Bays

25 High Street 01884 33277

Cullompton Dental Centre

2 Higher Street 01884 33700

Mrs O Palmer

Golds Place, 26 High Street 01884 32240

Ingleby House Dental Practice

42 High Street 01884 34638

<u>Opticians</u>

Bill and Taylor

59 Fore Street 01884 32218

Chemists

Boots Pharmacy

Station Road 01884 32279 **Boots Pharmacy** Willand Rd 01884 32468

Culm Valley Integrated Centre for Health,

Tesco Pharmacy 01884 705447

Veterinary Surgeon
The Vale Veterinary Group

College Road 01884 32228

Registered Private Residential Homes
St Andrew's Residential Home

Pye Corner 01884 32369

Culm Valley Care Centre

Church Lane www.halcyoncare.co.uk 01884 33142

Court House Residential Home

Station Road 01884 32510

EDUCATION

Adult Education

Learn Devon

Hayridge Centre, Exeter Hill 0345 155 1014

Childcare Providers and Preschools

Cullompton Pre-School 01884 35018

Brookgate

(Adjacent to Cullompton Community College)

Mandy Goff - Administrator

Noah's Ark Preschool

Cullompton Baptist Church Wendy Land, Manager 01884 839590/839965

Culm Valley Children's Centre

St Andrew's Estate 01884 35993

Nursery School

ABC Day Nursery

Duke Street Sue Proffitt 01884 38039

Young Ones Day Nursery

Tiverton Road Mrs B Radmore 01884 35001

Schools

Willowbank Primary School

Manitoba Gardens 01884 33473

St Andrew's Primary School

St Andrew's Estate 01884 32206

Cullompton Community College

Exeter Road 01884 33364

ORGANISATIONS

Cullompton Masonic Club

Mr R H Hunt 01884 38970

Culm Valley Probus Club

Michael Long 01884 32555 Gents semi retired or retired meets Willand Church

Hall last Wednesday of each month. Speakers and activities.

Twinning

Cullompton & District Twinning Association

Diana Speaight 01884 33580

Womens' Institute (WI) 01884 33550

Meet 7.30pm 3rd Thursday of each month at the Cullompton Community Centre.

YOUTH CLUBS AND ACTIVITY GROUPS

Army Cadets

Holly Higgs 01884 252342

<u>Cullompton Guides Association</u>

Girl Guides, Rangers, 3rd Cullompton Brownie Pack, 1st Cullompton Rainbows

Angela Vigar 01884 38680

1st Cullompton Brownie Pack

Sharon Robjohns 01884 34535

Cullompton Scout Group Cubs, Beavers and Scouts

The Scout Hut, Tiverton Road

James Buczkowski 01884 35232

Cullompton Youth Club

John Tallack Centre 01884 38249

Mondays, 7.00pm-9.00pm Ages 11-14 Thursdays, 7.00pm-9.00pm Ages 14-17

mursuays, 7.00pm-3.00pm Ages 14-1.

YOUTH CLUBS AND ACTIVITY GROUPS (contd.)

Majorettes

Cullompton Ace Majorettes

Caroline Stack 01884 33652

St John Ambulance

St Johns Rooms, St Johns House, High Street

Cadets

Debbie Vinnicombe – Leader 07580 518836

Mondays 7.00pm-8.00pm, Ages 10+

Adults

Kate Williams - Superintendent 01404 890154

Mondays 8.00pm onwards

Tiverton & Mid Devon Sea Cadets

Martin Holt 01884 251077

For boys & girls aged 10-18 Canal Basin, Tiverton Tuesdays and Fridays evenings 7.00pm-9.00pm

LEISURE ACTIVITIES AND SPORTS

<u>Angling</u>

Padbrook Park Fishing Lake

Mr G Scargill 01884 836100

Badminton

Culm Valley Badminton Club, Uffculme School

Mike Anderson 01278 661081

www.cullomptonbadminton.co.uk

Bowls

Cullompton Bowling Club

Chris Chitty 07968 821627

Culm Vale Bowling Club

Mr Broom 01884 38425

Culm Vale Ladies Bowling Club

Mrs J Williams 01884 32208

Cricket

Cullompton Cricket Club

Hayley Hawkins 07800 504771

Culm Valley Sports Centre

www.middevonleisure.org.uk 01884 234320

<u>Football</u>

Cullompton Rangers

Marcus Scott 01884 32662

Hockey

Exeter & Culm Valley Hornets Club

Culm Valley Sports Centre

Andy Smith 01884 35877

Juniors train Tuesdays 6pm-8pm Sept-March Seniors train Tuesdays 8pm-9.30pm Aug-March

Martial Arts

Cullompton Shotokan Karate Club

Mr T Jarrett 01392 881624

Cullompton Tae Kwan Do - Little PUMAs

Chris Clarke 01884 38160

<u>Netball</u>

Cullompton Ladies Netball Club

Jo Lindsell 0781 8566201

Rifle Club

Cullompton Rifle Club

Robert Strong 01884 243703

<u>Rugby</u>

Cullompton Rugby Club

Dave Jowell 01884 243997

Junior Section - Debbie Whiteway deb.whiteway@virgin.net

Squash & Fitness Suite

Culm Valley Sports Centre 01884 32853

MISCELLANEOUS

Registrar of Births, Deaths and Marriages

The Great House, St Peter Street, Tiverton For appointments 08451 551002

Post Office

61a Fore Street 01884 32325

Public Library

Hayridge Centre, Exeter Hill 0345 155 1001

website: www.devon.gov.uk/libraries

Monday, Wednesday & Friday 9.00am-6.00pm Tuesday, Thursday & Saturday 9.00am-1.00pm

NOTE: Centre is open between 8.30am and 6pm. Small selection of books available to borrow when

main library is closed.

British Rail

Tiverton Parkway Station, Sampford Peverell

For train information 08457 48 49 50

<u>Buses</u>

Devon Bus Enquiry Line 01392 382800 Falcon Bus 01392 427711

Runs 24 hours a day, 7 days a week connecting Plymouth, Exeter, Taunton, Bristol Airport and

Bristol City Centre.

Megabus 01392 427711

Cheap Bus and Coach Tickets - UK Destinations **Traveline** 0871 200 22 33

Enquiry service for all public transport journeys in

SW England. www.traveline.org.uk

National Bus pass 01392 383688

or 01271 383688

Available to older people or those with certain disabilities.

Councils

Cullompton Town Council

Town Hall, 1 High Street 01884 38249

Devon County Council

County Hall, Topsham Road, Exeter

General Enquiries 0345 155 1015

Mid Devon District Council

Phoenix House, Phoenix Lane, Tiverton

customerfirst@middevon.gov.uk 01884 255255

Devon Highways 0345 155 1004

Police

Police Station, Station Road 101